



Melbourne's year-round open water swimming group

Lead Article – The 7.30 Group plus one - RBYC 13th January 2024



LtoR: Kerry Watson, David Sedgwick, Peter Wilson, Alistair Purvey, Stephen Jones.

B-Teamers

by Keith Badger



The B Team "Summer Swim & Chat" series is well underway. Our only focus on swim times is the longer we're in the water the better.

January started with a 3.4km Big Course extended down to North Road pole and a week later we set off from Russell's Dendy Street beach hut via all poles to circle the pier.

A glorious sunny 4.6kms which, after a few chats, took 2 hours and 32 minutes.

B-Teamers plus one LtoR: Dale Perkin, Russell Parrington, Martin Hunt, Greg Kemp, David Williams, Peter Botterill, Warren Fisher, Bruce Whan, Don Fisher, Peter Homann, Gary Stapleton, Keith Badger, Tas Kakkos.

Thumbs Up to Elbows High



Photos of swimmers' arms are proving to be the most discussed and analysed of all the photos that appear in the Newsletter.

This photo (left) of Janie Zacharin, which appeared in the 18th January 2024 Newsletter, was discussed and analysed by the great John Olsen who wrote to Janie with the following:

"Dear Jane, Get a copy of the arm position photo in the latest Iceberger Newsletter. Put it in a frame for all to see as it is 100% perfect. Love from John".

Many of us have benefited from John's generous and expert swimming advice over the decades including Janie whom John has been helping with her elbow position – and now deemed to be '100% perfect'.



Being an Iceberger



On Sunday 14th January 2024, Iceberger Warren Fisher was carefully manoeuvring himself just off the breakwater so he could oblige me by taking a snapshot of my return to Bay swimming.

At the very moment Warren clicked the shutter, he was photo-bombed by an unsuspecting Greg Kemp as he surfaced capturing this wonderful image (left) of his complete surprise.

Warren did eventually snap the subject matter of the exercise (bottom left) which shows my joy of being back in the ocean. Warren and Greg and their fellow B-Teamers swam with me for my small but significant return to open water.



It was a fitting tribute to the Iceberger community who have provided solace, encouragement and inspiration to me on my journey back from a disruptive medical event. I feel that anything will now be possible.

Thank you to Icebergers for being Icebergers.

Photos by Warren Fisher

Around the marina...



Photo: Fran Johnson



Photo: Maree Paris



Left: Martin Hunt

Photo by Ria

The Iceberger Calendar

Date	Event
Friday 2 nd February 2024 from 6.30pm	Iceberger Induction Evening, Member's Bar at RBYC - Greg Wallace.
Friday 26 th April 2024 at 7.30pm	Annual Trivia Night in the Bayview Room with Quizmaster Don Warner

